Smart Phone Applications
for people with brain injury

The Project

The *project Implementing and evaluating Smart Phone Applications technology across the NSW Brain Injury Rehabilitation Program (BIRP)* aims to:

Provide web-based resources for clinicians

Evaluate the efficacy of Smart Phone Apps for people with brain injury.

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This document:

D2_i-Phone_tips_&_how-to's_for_patients_&_carers_V1_09Aug11.pdf

Is a resource that provides detailed, step by step written instructions for frequently utilized features and Apps in language that is easily followed and targeted at clients in 'lay terms'. It includes visuals for clients and their carers to learn and follow for different tools. Clinicians could use this tool if they or their clients are unfamiliar with Smartphone technology and require a easy to follow explanation for functional features commonly used by people with and without acquired brain injury.

It is available from: www.TBIStaffTraining.info

More Project information and further documents:

www.TBIStaffTraining.info

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I-PHONE training program

Patients and Carers

Important Buttons

  a. Volume
  b. Home
  c. Loud/Silent profile

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1. Management of contact list

a. Add contact information

   i. Touch

   ii. Touch

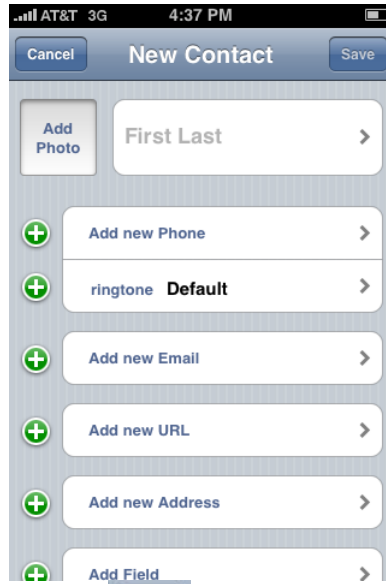   iii. Touch and enter information into the following categories

   iv. Touch

   v. Touch

b. Edit contact information

   i. Touch

   ii. Touch a name on your contact list

   iii. Touch

   iv. Enter changes

   v. Touch

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c. **Search contacts**

    i. Touch

    ii. Touch the 'search' option

    iii. Type the contact's name

2. **Making a phone call**

    a. Search Existing Contacts

        i. Touch   or

        ii. Touch

        iii. Search for and select a contact

        iv. Touch 'mobile'

    b. Add or search for Favourites

        i. Touch

        ii. Touch

        iii. Browse and Select Contact Name

        iv. Add favourite:

            a. Touch

            b. Select contact name

    c. Add or search for recent phone call

        i. Touch

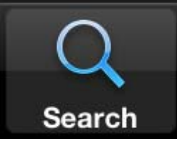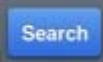   ii. Select name or number to call

    d. Type in a direct phone number
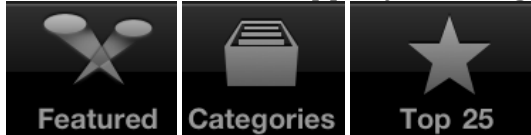
        i. Touch

        ii. Touch

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3. **Searching the app store**

a. Touch

b. Touch

c. Enter App name into using the keypad

d. Touch

e. Touch your App to view details

f. Touch the price or free icon

g. Enter password and wait for the app to load

h. You will be able to access the application as part of the main menu

i. Alternatives: Browse apps by touching;

4. **Using the Calculator**

a. Touch

b. Use the touch screen to use the numeral keypad to make your calculations

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5. Adding a note
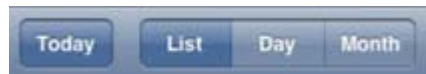
a. Touch

b. Touch to add a note

c. Touch

d. Select old notes and use the keypad to edit

e. You can email or delete each note using the icons at the bottom of your screen or

6. Adding an event on the calendar

a. Touch

b. Select your calendar

c. Select your view preference

d. To add an event touch

e. Use keypad to write details

    i. Touch

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f. Events will have a dot underneath the date. Details of which can be accessed and edited by touching the date

7. **Taking a photograph**

a. Touch
b. Aim the camera and touch to take the picture

c. Touch to review photos

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8. Writing and responding to a text message

a. Touch

b. To create a new message touch

c. Type contact name and the message using the key pad

d. Touch to add a photo

e. Select 'send'

9. Setting an alarm

a. Touch

b. Touch

c. Touch

d. Add alarm details

e. Touch to save details

f. Touch to change details

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10. Other clock features:

    a. Touch

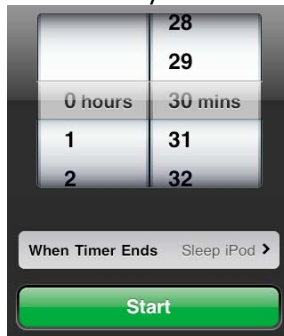   a. Touch

        i. Touch to search and add a city

        ii. Touch to change your saved cities

      b. Touch

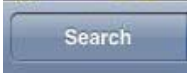   i. Select length of time

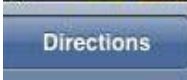   ii. Press start/cancel

      c. Touch

        i. Press start/stop/reset
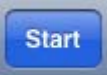
        ii.

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11. Getting directions using the maps application

a. Touch

b. Touch [Search] for a specific location

    i. Type address [Q Search]

    ii. Move two fingers closer together to zoom and further apart to expand view (place your thumb and index finger on the screen, keep your thumb in place and drag your index finger towards (zoom) or away (expand) the image

c. Touch [Directions] for a route from one place to another

    a. Type address [Q Search]

    b. Touch [Start] to begin trip

    c. Touch [← →] to move forward and back between steps

    d. Touch [Edit] to change location details

    e. Touch [car bus walking] to indicate mode of transport (car, public transport or walking)

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12. Setting a 'to do' list

a. Touch

b. Touch to add categories and tasks
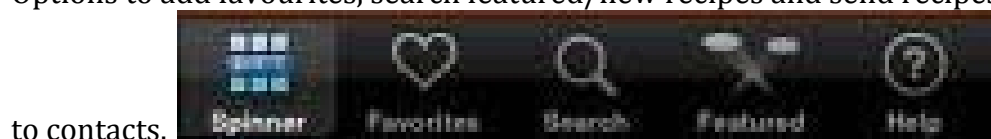
c. Use to sort tasks and update tasks

13. Searching for a recipe using 'all recipes'

a. Touch

b. Select preferences

c. Touch

d. Use your finger to swipe to the left and right to view options

e. Touch

f. Options to add favourites, search featured/new recipes and send recipes

to contacts.

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14. Using Safari (the internet)

a. Touch

b. Touch the search bar use the key pad to type search terms

c. add

d. search

e. add a new search window

f. bookmark a favourite page

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