Goal Training
Pre-Training
Knowledge Evaluation Survey

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Authors: Helen Badge, Maria Weekes, Belinda Jones, Barbara Strettles
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Resources: Goal Training Workshop Resources available from: www.TBIStaffTraining.info
Pre-Training Knowledge Evaluation Survey

Are you a: public clinician or private clinician or funder/insurer? (Please circle)
If other (e.g., researcher) please add here___________________________

1. What do you understand to be the **purposes of goal setting** in rehabilitation?

2. What does the acronym **SMART** stand for?

3. Give an example of a **participation-level goal**.

4. How does **client-centred practice** influence goal setting in rehabilitation?

5. How can you assess the **quality of goals** you write or review?
6. **Mark the following statements as True or False:**

a. The action plan should **not** be included within the goal statement True False

b. A multidisciplinary approach to rehabilitation is considered superior to an interdisciplinary approach to rehabilitation True False

c. Writing goals in SMART format guarantees that the goal is a useful rehabilitation goal True False

d. A client-focused goal is one which includes the client’s name True False

e. It is **not** always necessary to include numbers within a goal statement to make it measurable True False

f. Impairment-level goals are considered the gold-standard in directing rehabilitation because they are the most easily measured. True False

g. Goals are essential in rehabilitation, even if the client is not compensable. True False

h. Goals should **not** be written in a way that multiple clinicians are required to work with the client on a single goal. True False