Smart Phone Applications
for people with brain injury

The Project

The *project Implementing and evaluating Smart Phone Applications technology across the NSW Brain Injury Rehabilitation Program (BIRP)* aims to:

> Provide web-based resources for clinicians
> Evaluate the efficacy of Smart Phone Apps for people with brain injury.

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This document:

B6_During_the_trial_goal_attainment_scale_V1_09Aug11.pdf

Is a brief description about the production and use of the Goal Attainment Scale. It also includes the scale at the end of the document. The tool is a 5 point scale which aims to assess the client's change over time for personally relevant and specific goals. It can be used when standardised measures are not sensitive or specific enough for the individual's needs or the goal to be addressed. It is beneficial for both the clinician's documentation and data collation as well as to aid the client's understanding of their own progress to facilitate motivation and goal ownership.
It is available from: www.TBIStaffTraining.info

More Project information and further documents:

www.TBIStaffTraining.info

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Goal Attainment Scale Template

The Goal Attainment Scale is used as a monitoring tool to measure change. It allows clinicians and clients to quantify the degree of success achieving client specific goals using a 5 point scale. The tool is repeatable and versatile, allowing for measurement of meaningful and functional outcomes. It does not provide a standardised score or comparison with others, rather a personal evaluation.

Goal (Write one SMART Goal here):

Directions: Write an "X" beside one of the following scores "-2," "-1," "0", "+1," "+2" for each action step listed across the top of the chart.

Step # (Taken from Column A on the Integrated Improvement Plan)	Action Step # 1:	Action Step # 2:	Action Step # 3:	Action Step # 4:	Action Step # 5	Action Step #6:	Action Step # 7:	Action Step # 8-10:	Action Step # 11:	Action Step # 12:	Action Step # etc.
+2 (Much more than expected)											
+1 (Somewhat more than expected)											
0 (as expected)											
-1 (Somewhat less than expected)											
-2 (Much less than expected)											
Timeline (Taken from Column D on the Integrated Improvement Plan)	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00	0/0/00

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